

# Welcome to My World!!!



Dear Service Providers:

My family would like you to help us help our child. I will tell you about my child and family so that you can plan and provide services that are important to us and fit into our daily lives.

Parent/Caregiver's Name Jane and John Child's Name Freddie Date 2/27/05

## Bragging Rights

I am most proud of: **Freddie runs, throws and jumps, and he already knows how to use the computer.**

My child enjoys and is good at: **playing outside and playing by himself.**

My child's favorite objects or toys are: **anything that rolls – trucks, motorcycles, riding toys, etc.**



My child's favorite foods, activities, games or positions are: **bath time, especially if he can shower with his dad. He likes a lot of different foods.**

My child's favorite people or playmates are: **Us**



But beware! My child does NOT like: **being told to do anything he doesn't want to do.**

I know how my child feels (happy, scared, mad) or what my child wants (food, sleep, diaper change, toy) by: **He tells us, or if he's mad he yells, hits, kicks, etc. Sometimes he hurts himself.**

My child gets upset when: **you don't pay attention to him or give him what he wants.**

I calm my child down by: **giving him what he wants; giving him his "be-be."**

## What's On My Mind



Right now, my biggest questions are: **how to make Freddie behave better and not get so upset about everything.**

I worry or am concerned about: **him getting kicked out of child care.**

I would like your help with: **his behavior.**



## Places We Go

During the weekdays, my child is usually at the following place(s):

Morning: *home/ child care* Afternoon: *child care* Evening: *home*

Other places my child goes with me or others: **not much of any place right now.**

When I need help, I call: **my mom.**

## Daily Routines and Activities

Of course, every day is a little different at our house! However, the following chart tells you what a “typical” day is like. For each routine or activity, I checked **the rating** that best describes how easy/difficult that activity is for our child and family.

I also **wrote a short explanation** about

- what usually happens during that activity
- how someone helps my child during that activity
- what my child can do by him/herself during the activity



|  |  |      |                                     |               |                                     |                       |                                     |  |
|--|--|------|-------------------------------------|---------------|-------------------------------------|-----------------------|-------------------------------------|--|
| <p><b>Wake-Up</b></p>  | <table border="1"> <tr><td>Easy</td><td><input type="checkbox"/></td></tr> <tr><td>Some problems</td><td><input type="checkbox"/></td></tr> <tr><td>Difficult</td><td><input checked="" type="checkbox"/></td></tr> </table>             | Easy | <input type="checkbox"/>            | Some problems | <input type="checkbox"/>            | Difficult             | <input checked="" type="checkbox"/> | <p><i>Freddie doesn't like to get up. He hides under the covers and screams when I wake him up. He cries and hangs on my leg after I get him up.</i></p>   |
| Easy   | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Some problems  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Difficult  | <input checked="" type="checkbox"/>  |      |                                     |               |                                     |                       |                                     |  |
| <p><b>Bedtime Naps</b></p>   | <table border="1"> <tr><td>Easy</td><td><input type="checkbox"/></td></tr> <tr><td>Some problems</td><td><input type="checkbox"/></td></tr> <tr><td>Difficult</td><td><input checked="" type="checkbox"/></td></tr> </table>             | Easy | <input type="checkbox"/>            | Some problems | <input type="checkbox"/>            | Difficult             | <input checked="" type="checkbox"/> | <p><i>Sometimes he does OK with naps at child care but mostly he runs around. He wants to be rocked for a long time or have someone lie down beside him.</i></p>   |
| Easy   | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Some problems  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Difficult  | <input checked="" type="checkbox"/>  |      |                                     |               |                                     |                       |                                     |  |
| <p><b>Dressing Toileting</b></p>   | <table border="1"> <tr><td>Easy</td><td><input type="checkbox"/></td></tr> <tr><td>Some problems</td><td><input checked="" type="checkbox"/></td></tr> <tr><td>Difficult</td><td><input type="checkbox"/></td></tr> </table>             | Easy | <input type="checkbox"/>            | Some problems | <input checked="" type="checkbox"/> | Difficult             | <input type="checkbox"/>            | <p><i>He gets dressed with no problem if he can wear jeans and his favorite boots. He puts up a fight if you try to put something else on him. Diaper changes are hard (he kicks). No interest in the potty until AFTER he goes in his diaper.</i></p>  |
| Easy   | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Some problems  | <input checked="" type="checkbox"/>  |      |                                     |               |                                     |                       |                                     |  |
| Difficult  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| <p><b>Outings</b></p>  | <table border="1"> <tr><td>Easy</td><td><input type="checkbox"/></td></tr> <tr><td>Some problems</td><td><input type="checkbox"/></td></tr> <tr><td>Difficult</td><td><input checked="" type="checkbox"/></td></tr> </table>             | Easy | <input type="checkbox"/>            | Some problems | <input type="checkbox"/>            | Difficult             | <input checked="" type="checkbox"/> | <p><i>Mostly we stay home because he acts up so much. He hates the car seat and finds something to scream about after about 10 minutes in the grocery store.</i></p>   |
| Easy   | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Some problems  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Difficult  | <input checked="" type="checkbox"/>  |      |                                     |               |                                     |                       |                                     |  |
| <p><b>Mealtime</b></p>   | <table border="1"> <tr><td>Easy</td><td><input type="checkbox"/></td></tr> <tr><td>Some problems</td><td><input checked="" type="checkbox"/></td></tr> <tr><td>Difficult</td><td><input type="checkbox"/></td></tr> </table>             | Easy | <input type="checkbox"/>            | Some problems | <input checked="" type="checkbox"/> | Difficult             | <input type="checkbox"/>            | <p><i>He does OK eating with his fingers or if we feed him and it's what he wants to eat. He uses a sippy cup because he always spills a regular one. At child care he stays at the table now.</i></p>   |
| Easy   | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Some problems  | <input checked="" type="checkbox"/>  |      |                                     |               |                                     |                       |                                     |  |
| Difficult  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| <p><b>Play</b></p>   | <table border="1"> <tr><td>Easy</td><td><input type="checkbox"/></td></tr> <tr><td>Some problems</td><td><input checked="" type="checkbox"/></td></tr> <tr><td>Difficult</td><td><input type="checkbox"/></td></tr> </table>             | Easy | <input type="checkbox"/>            | Some problems | <input checked="" type="checkbox"/> | Difficult             | <input type="checkbox"/>            | <p><i>He plays fine by himself. He doesn't like to play with other kids because he can't share and he gets mad if they take his toys.</i></p>   |
| Easy   | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Some problems  | <input checked="" type="checkbox"/>  |      |                                     |               |                                     |                       |                                     |  |
| Difficult  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| <p><b>Bathtime</b></p>   | <table border="1"> <tr><td>Easy</td><td><input checked="" type="checkbox"/></td></tr> <tr><td>Some problems</td><td><input type="checkbox"/></td></tr> <tr><td>Difficult</td><td><input type="checkbox"/></td></tr> </table>             | Easy | <input checked="" type="checkbox"/> | Some problems | <input type="checkbox"/>            | Difficult             | <input type="checkbox"/>            | <p><i>The only problem is if we can't find the toy he wants.</i></p>   |
| Easy   | <input checked="" type="checkbox"/>  |      |                                     |               |                                     |                       |                                     |  |
| Some problems  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Difficult  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| <p><b>Behavior</b></p>   | <table border="1"> <tr><td>Easy</td><td><input type="checkbox"/></td></tr> <tr><td>Some problems</td><td><input type="checkbox"/></td></tr> <tr><td><b>VERY</b> Difficult</td><td><input checked="" type="checkbox"/></td></tr> </table> | Easy | <input type="checkbox"/>            | Some problems | <input type="checkbox"/>            | <b>VERY</b> Difficult | <input checked="" type="checkbox"/> | <p><i>He won't take "No" about ANYTHING. It's his way or the highway, and he will do anything to get attention.</i></p>  |
| Easy   | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| Some problems  | <input type="checkbox"/>   |      |                                     |               |                                     |                       |                                     |  |
| <b>VERY</b> Difficult  | <input checked="" type="checkbox"/>  |      |                                     |               |                                     |                       |                                     |  |