

Needs, Dreams and IFSPs
Study Guide Activity 20
Functional, Routines-Based Outcomes for Matthew, Karen and Bill

Here are some possible ways to revise (*in italics*) these outcomes that would probably be functional and meaningful for the family. Many other answers are possible.

1. Karen and Bill will access services to meet the family's needs.

Karen and Bill will learn practical information about what to expect for Matthew and how to help him develop by talking with other families who have children with CP.

2. Matthew will play with items/materials in a functional manner: putting in, taking out, and manipulating.

While lying on the floor with his chest and arms supported, Matthew will roll a ball and play with his toy cars.

3. Matthew will use words to communicate wants and needs.

At mealtime, Matthew will tell Karen and Bill which food he wants and when he is full by looking, making sounds, or using words.

Matthew will choose a toy or activity during play by looking, making sounds, or using words.

4. Matthew will have increased movement of his arms.

When playing in the pool with Karen, Matthew will use his arms and hands to splash water.

5. Matthew will learn to self-soothe and fall asleep.

Matthew will calm down and fall asleep at bedtime without screaming and flailing.

6. Matthew will complete simple fine motor and manipulative tasks.

Matthew will feed himself using a spoon and cup at breakfast and lunch.

7. Matthew will stand in a prone stander.

Matthew will stand up and play with toys when supported by furniture or a stander.

8. Matthew will speak 8-10 new words and use them appropriately.

Matthew will begin to use words or sounds for favorite things like birds, the dog, and songs he knows.

9. Matthew will be able to function positively in public places.

Matthew will be able to remain calm on short outings to the grocery store and other public places.